

A Very Insistent and Persistent Love at the Heart of all Creation.

I want to say something more about Quantum Physics and Quantum Entanglement and how it supports the focusing process, Wholebody Focusing and especially Heartfelt Connection with one another. There is so much there that Quantum psychics demonstrates. I want to share something that happened as a result of this blog's exploration that came together in both the realization of the piece that Richard Rohr wrote, which is now up on the blog and my experience of exploring Gene Gendlin's philosophy with Rob Parker recently.

I am taking a moment to feel into that Connection between these two worlds-- the two disciplines and how they seem to support something in me about both.

This heartfelt experience came alive in an encounter with Rob Parker as I listened to his exploration of Gene and the felt sense. It included an understanding of what a felt sense is, perhaps as a concept, but also a question, "where is reality happening here?" Is it now? In the past?

Then something out of the blue happened, unexpectedly as though Rob stepped back from his teaching of Gendlin's philosophy into his personal experience of a situation that seems to point to what we are talking about as a felt sense that happened in his own life.

As a psychotherapist, he spent many years working with adult children, boys who had rage issues. And he made a statement that was unexpected and surprising. He said, "after all those years, I have never felt a boy that is full of rage. Then he stopped there.

I seemed to be able to connect in a bodily way to what he was sharing with all of us. It felt very palpable. I suddenly became aware of another world over there that he knew a lot about, and I didn't. But there was something about that connection awoken in me, an awareness of this new world of anger, teenager, experience, and so much more. And it felt so right and good. And then, later on, I had an opportunity to say so.

I said to Rob, "this is what I noticed in me when you shared this story of your experience of boys in rage." I could feel a compelling expansion that was very palpable to the group who were watching this event — sharing unfolding right here. Something was happening between us, and I acknowledged that. I also acknowledged not only that I became aware of a whole felt sense of a concept that was lived in his body, almost like another world that I was tapping into and appreciating. I also became aware that although I had never met Rob Parker before or even seen a clip of him doing anything, I suddenly had a feeling of him as a person in a way that I could not have felt in any other way. There was a person over there and another person happening in me there too — person to person.

It felt heartfelt on a mutual subject that he shared as a story as a life experience that was important to him. He made it available to me because

of the way he is with himself as he shares that story, perhaps to demonstrate what felt sensing could be when it brings meaning in our lives. I put this out because I felt it not only as a felt sense but as something that was awakened in me that expanded something about me being me that was obvious and visible not only in myself but could be seen from outside. It is different than the concept as we know it. It is a concept that is being felt from the inside, had possibilities of forward movement. In fact, in this situation, the forward movement was already happening between us. This experience informed me about that different world over there that expanded my world inside of me that I would not have been able to experience in any other way. I felt full of life, full of joy, so warm love for me in me and for the other person Rob Parker. I knew him. I knew him. And I cannot define what the "knew him" means. Only to say, "I know you," and I could say, "you are a good man. I love what I know as a sense of you, and I feel that sense of what you are sharing about your work with adult children with a rage problem.

To me, that was heartfelt conversation in action. I was moving from concept to expanding into felt sensing and into the more of it that lives further in myself and others. Later, I shared this story with another person in another time; this person could feel something of what I was feeling about teenagers in my body to her body. She didn't even know who Rob Parker is.

Let's take that back into Quantum Physics and Quantum Entanglement, you see how our worlds affect one another—even people who have never met. It is compelling and from and can be from great distances when there

is a heartfelt component that creates an interaction. I believe that it was Father Rohr that said that the universe is a very insistent and persistent love at the heart of all creation. That seems to be so true. When love is there, we are allowed to open. It connects with us the whole world and expands within unison with that. That's a fantastic statement to hear, understand, and appreciate. Amen.